

**Stonehaven ASC Distance Championships**  
**Stonehaven Leisure Centre**  
**12th November & 3rd December 2006**  
**104 PB's from 143 swims**

**Anderson, Peter (14) M**

2:19.29S Men 14-18 200 Free SILVER  
 2:54.94S Men 14-18 200 Breast BRONZE  
 10:22.65S Men 14-18 800 Free GOLD  
 4:58.34S Men 14-18 400 Free SILVER

**Beattie, Andrew (12) M**

3:13.12S Men 10-13 200 Free  
 3:35.42S Men 10-13 200 IM  
 6:46.18S Men 10-13 400 Free  
 3:22.32S Men 10-13 200 Back

**Beck, Pamela (12) W**

5:52.53S Women 10-13 400 IM SILVER  
 10:36.11S Women 10-13 800 Free GOLD  
 5:04.56S Women 10-13 400 Free GOLD **CR**  
 2:56.81S Women 10-13 200 Fly GOLD

**Benton, Andrew (14) M**

DQ Men 14-18 400 IM  
 2:36.76S Men 14-18 200 Free BRONZE  
 5:27.56S Men 14-18 400 Free  
 2:45.84S Men 14-18 200 Back SILVER

**Byrne-McCombie, Bethany (11) W**

3:30.84S Women 10-13 200 Free  
 3:51.75S Women 10-13 200 Breast  
 DQ Women 10-13 200 IM  
 7:04.11S Women 10-13 400 Free

**Connolly, Danny (13) M**

6:02.60S Men 10-13 400 IM SILVER  
 3:05.94S Men 10-13 200 Breast GOLD  
 2:57.84S Men 10-13 200 IM BRONZE  
 21:20.53S Men 10-13 1500 Free GOLD

**Dingwall, Murray (31) M**

5:19.90S Men 400 Free

**Duncan, Kirstie (15) W**

5:46.16S Women 14-18 400 IM GOLD **CR**  
 2:21.78S Women 14-18 200 Free GOLD **CR**  
 10:30.50S Women 14-18 800 Free GOLD **CR**  
 2:32.36S Women 14-18 200 Back GOLD **CR**

**Ferguson, Kieran (13) M**

2:45.35S Men 10-13 200 Free GOLD  
 3:37.88S Men 10-13 200 Breast  
 6:08.24S Men 10-13 400 Free SILVER  
 3:16.26S Men 10-13 200 Back

**Grant, Iona (11) W**

3:01.97S Women 10-13 200 Free BRONZE  
 13:41.41S Women 10-13 800 Free SILVER

	6:23.91S	Women 10-13 400 Free	BRONZE
	3:15.06S	Women 10-13 200 Back	
<b>Grant, Matthew (15) M</b>			
	5:38.97S	Men 14-18 400 IM	BRONZE
	2:53.19S	Men 14-18 200 Breast	SILVER
	2:52.94S	Men 14-18 200 Fly	GOLD
	21:18.31S	Men 14-18 1500 Free	SILVER
<b>Gray, Jonathan (12) M</b>			
	3:37.53S	Men 10-13 200 Breast	
	3:14.47S	Men 10-13 200 IM	
	6:28.50S	Men 10-13 400 Free	
	3:13.46S	Men 10-13 200 Back	BRONZE
<b>Hamilton, Sara (12) W</b>			
	6:07.19S	Women 10-13 400 IM	BRONZE
	2:28.12S	Women 10-13 200 Free	GOLD
	5:13.25S	Women 10-13 400 Free	SILVER
	2:44.97S	Women 10-13 200 Back	SILVER
<b>Howard, Cameron (13) M</b>			
	3:21.09S	Men 10-13 200 Free	
	3:55.59S	Men 10-13 200 Breast	
	DQ	Men 10-13 200 IM	
	7:10.65S	Men 10-13 400 Free	
<b>Howard, Kirstie (14) W</b>			
	6:30.65S	Women 14-18 400 IM	BRONZE
	2:43.31S	Women 14-18 200 Free	BRONZE
	2:56.40S	Women 14-18 200 Back	BRONZE
	22:56.41S	Women 14-18 1500 Free	SILVER
<b>Howard, Sam (11) M</b>			
	2:54.94S	Men 10-13 200 Free	SILVER
	3:35.44S	Men 10-13 200 Breast	BRONZE
	3:23.68S	Men 10-13 200 IM	
	6:15.08S	Men 10-13 400 Free	BRONZE
<b>Hull, Tim (11) M</b>			
	3:17.89S	Men 10-13 200 Free	
	3:36.44S	Men 10-13 200 IM	
	7:15.15S	Men 10-13 400 Free	
	3:35.00S	Men 10-13 200 Back	
<b>Ingram, Ashleigh (15) W</b>			
	3:03.06S	Women 14-18 200 Free	
	3:33.16S	Women 14-18 200 Breast	BRONZE
	6:26.59S	Women 14-18 400 Free	SILVER
	3:13.97S	Women 14-18 200 Back	
<b>Johnson, Matthew (14) M</b>			
	6:46.28S	Men 14-18 400 IM	
	3:27.00S	Men 14-18 200 Breast	
	6:13.97S	Men 14-18 400 Free	
	3:02.68S	Men 14-18 200 Back	
<b>Jones, Ben (14) M</b>			
	3:07.53S	Men 14-18 200 Breast	
	12:11.75S	Men 14-18 800 Free	SILVER
	5:39.84S	Men 14-18 400 Free	

<b>Leiper, Craig (12) M</b>	2:57.27S	Men 14-18 200 Back	BRONZE
	3:19.75S	Men 10-13 200 Free	
	DQ	Men 10-13 200 Breast	
	7:09.07S	Men 10-13 400 Free	
<b>Ligtendag, Lorna (10) W</b>	3:21.37S	Men 10-13 200 Back	
	3:08.56S	Women 10-13 200 Free	
<b>MacDonald, Nicola (14) W</b>	3:51.72S	Women 10-13 200 Breast	BRONZE
	2:55.37S	Women 14-18 200 Free	
	3:38.77S	Women 14-18 200 Breast	
<b>Mitchell, Ruairidh (13) M</b>	6:02.19S	Men 10-13 400 IM	GOLD <b>CR</b>
	3:11.04S	Men 10-13 200 Breast	SILVER
	2:47.58S	Men 10-13 200 IM	SILVER
	2:47.02S	Men 10-13 200 Back	SILVER
<b>Nellany, Jessie (11) W</b>	3:10.07S	Women 10-13 200 Free	
	3:54.89S	Women 10-13 200 Breast	
<b>Preston, Kimberley (13) W</b>	5:50.99S	Women 10-13 400 IM	GOLD <b>CR</b>
	2:45.56S	Women 10-13 200 IM	GOLD <b>CR</b>
	2:41.28S	Women 10-13 200 Back	GOLD
	20:30.07S	Women 10-13 1500 Free	GOLD
<b>Preston, Richard (16) M</b>	5:13.23S	Men 14-18 400 IM	GOLD <b>CR</b>
	2:16.75S	Men 14-18 200 Free	GOLD
	DQ	Men 14-18 200 Fly	
	DNF	Men 14-18 1500 Free	
<b>Reid, Duncan (15) M</b>	5:25.97S	Men 14-18 400 IM	SILVER
	2:48.47S	Men 14-18 200 Breast	GOLD
	4:38.67S	Men 14-18 400 Free	GOLD
	18:21.60S	Men 14-18 1500 Free	GOLD <b>CR</b>
<b>Reid, Fraser (13) M</b>	2:43.50S	Men 10-13 200 IM	GOLD
	10:35.28S	Men 10-13 800 Free	GOLD <b>CR</b>
	5:00.60S	Men 10-13 400 Free	GOLD
	2:43.91S	Men 10-13 200 Back	GOLD
<b>Robertson, Laura (15) W</b>	2:46.24S	Women 14-18 200 Free	
	3:15.34S	Women 14-18 200 Breast	GOLD
	DQ	Women 14-18 400 Free	
	3:01.81S	Women 14-18 200 Back	
<b>Setter, Elise (12) W</b>	3:11.35S	Women 10-13 200 Free	
	3:17.59S	Women 10-13 200 IM	SILVER
	6:41.94S	Women 10-13 400 Free	
	3:15.38S	Women 10-13 200 Back	
<b>Shoker, Arran (12) M</b>			

	6:32.97S	Men 10-13 400 Free	
	4:01.79S	Men 10-13 200 Fly	GOLD
<b>Shoker, Kiren (14) W</b>			
	7:19.37S	Women 14-18 400 Free	BRONZE
	3:39.78S	Women 14-18 200 Back	
<b>Smith-Lawrence, Tabitha (12) W</b>			
	3:06.82S	Women 10-13 200 Free	
	3:24.90S	Women 10-13 200 IM	BRONZE
<b>Speakman, Emily (13) W</b>			
	2:48.28S	Women 10-13 200 Free	SILVER
	3:41.64S	Women 10-13 200 Breast	GOLD
	3:03.04S	Women 10-13 200 Back	BRONZE
	24:51.32S	Women 10-13 1500 Free	SILVER
<b>Swindells, Tara (12) W</b>			
	3:10.54S	Women 10-13 200 Free	
	3:43.78S	Women 10-13 200 Breast	SILVER
	6:50.45S	Women 10-13 400 Free	
	3:31.68S	Women 10-13 200 Back	
<b>Vaughan, Ruairi (12) M</b>			
	3:12.47S	Men 10-13 200 Free	BRONZE
	3:44.87S	Men 10-13 200 Breast	
	6:46.97S	Men 10-13 400 Free	
	3:23.74S	Men 10-13 200 Back	
<b>Whyte, Alan (16) M</b>			
	5:02.76S	Men 14-18 400 Free	BRONZE
	2:36.66S	Men 14-18 200 Back	GOLD
<b>Wood, Karen (14) W</b>			
	2:38.59S	Women 14-18 200 Free	SILVER
	11:34.81S	Women 14-18 800 Free	SILVER
	3:31.15S	Women 14-18 200 Fly	GOLD
	22:18.56S	Women 14-18 1500 Free	GOLD
<b>Wood, Kirsty (15) W</b>			
	6:24.94S	Women 14-18 400 IM	SILVER
	3:18.53S	Women 14-18 200 Breast	SILVER
	5:52.29S	Women 14-18 400 Free	GOLD
	2:51.34S	Women 14-18 200 Back	SILVER

## 11 Championship records