

Sasc Newsletter

September, 2005

New Members

The Club would like to welcome the following new members to 'C' Squad:

Ruth Grant
Catriona MacDonald
Rebecca Smith

Promotions within the Club

'C' Squad to 'B' Squad
Jonathan Gray
Ben Jones

'B' Squad to 'A' Squad
Emily Speakman
Pamela Beck

Well done swimmers – keep up the good work.

Gala Secretary

In last month's newsletter we advertised for someone to help with the position of Gala Secretary. Surprisingly nobody came forward so a big thank you to Mo Howard who has offered to look after the SAS Junior Meets and to Barbara Hamilton who has volunteered to take on the role of Gala Secretary.

Spree Books

Delighted to announce that Stonehaven sold 79 Spree Books so thank you to everyone who bought one or sold to friends/work colleagues. Thank you to Jackie, Sheena, Heather and Kevin who co-ordinated the distribution of books. SAS raised a total of £2,400 from the sale of Spree Books.

Ten Pin Bowling Night Out

A great night was enjoyed at the Dodgems and Ten Pin Bowling at Miami Beach. After two rounds and some unusual styles of bowling the winners were:

Highest score male – Stuart Cunningham
Highest score female – Catriona Hendry

At the lower end of the scale Steve and Janette were presented with their very own set of skittles and balls so come on guys hope you are practising for next time!!

Thank you to Jackie for organising a great night out – you didn't tell us that sore heads next morning was included in the price!!

Fundraising

At the recent SAS AGM it was announced that Westhill club raised £1,400 of which £700.00 will be donated to SAS providing the other four clubs within SAS organise a similar event.

A Race Night has been provisionally booked for the 11th February. If anyone has any other ideas of how to raise funds could they please get in touch with one of the committee members.

Gala Report

September Splash – A very successful day with Matthew Grant winning gold in 100 free, silver 100 Back and Bronze 100 Fly, Andrew Benton silver in 100 m Free, Catriona Awramenko Bronze 100 Back and Ruaridh Mitchell Bronze in 100 Breast. Great day and thanks to Adam Shuttleworth for being at poolside – watch out as we have heard that all the other teams want to know who Stonehaven's new coach is!!!

SAS Junior League – Congratulations to Pamela Beck who had a fantastic time of 5:33.50 in the 400 m freestyle.

ND Sprints – Congratulations to Sara Hamilton, Kirstie Duncan and Chris Ferguson for reaching the finals in Inverness.

Stonehaven ASC

The following provisional dates have been set for the Distance Championships for Squads A and B:

Sunday, 6th November, 2005
Sunday, 4th December, 2005

Time Trials – Time trials for 'B', 'C' and selected members of 'A' squad are to be held on 25th September, 18.30 – 20.00 hrs. **Timekeepers** are required – if you can help please telephone Heather 763700 as soon as possible.

Forthcoming Galas

ND Open Championships – Westhill
1st and 2nd October, 2005.

ND Junior Development Meet – Banff
29th and 30th October, 2005 (10, 11 and 12 year olds).

Peterhead Mini Meet
5th November, 2005 (8/9, 10 and 11 year olds)

Aberdeen Dolphins Mitchell Trophy – Bon Accord
19th and 20th November, 2005 (12 yrs + under, 13/14, 15 years and over)

Upper Deeside Challenge – Aboyne
27th November, 2005.

Special Needs Gala

A Special Needs Schools Gala is to be held on Thursday, 22nd September at Kincorth from 10.15 – 2.00 p.m. Officials are required for this gala so if you can help please telephone Margaret Wyness, 01224-637384.

World Swim for Malaria

Scottish Swimming have sent out information about the World Swim for Malaria. The aim is to have one million people swimming on the 3rd December all around the world and to raise funds to buy mosquito nets. For further information go to www.WorldSwimForMalaria.com

Good Luck to Roslyn Hendry as she leaves for Edinburgh. Roslyn will be swimming with Warrender Baths – hope Roslyn enjoyed her dip courtesy of 'A' Squad in the pool on

Thursday evening. ☹

