

SASC - NEWSLETTER

February, 2005

Dear Swimmers and Parents,

Distance Championships

Congratulations to all swimmers who took part in the Distance Championships.



Trophy Winners:

Men 14+	1 st Gregor Thurlow
	2 nd Richard Preston
	3 rd Ross Tuckwood
Womens 14+	1 st Roslyn Hendry
	2 nd Amy Anderson/Kirsty Wood
Boys 10-13	1 st Duncan Reid/Luke Brown
	3 rd Peter Anderson
Girls 10-13	1 st Kirstie Duncan
	2 nd Kimberley Preston
	3 rd Katrina Awramenko

Scottish Schools Swimming Championships

Congratulations to Kimberley Preston, Emily Speakman, Pamela Beck and Sara Hamilton for an impressive performance at Tolcross Pool, Glasgow on 29th January in the 12 and under 4 x 50 m Free relay. The girls were representing Arduthie Primary School and although they knocked off 8 seconds from their qualifying time they were just beaten to the bronze medal position but finished 4th overall – Well done.

Welcome to our new Swimmers:

We would like to welcome the following new swimmers to the Club:

Squad – ‘C’

Michael McGibbon	Iona Grant
Emma Finegan	Lorna Ligtendag
Natasha Smith-Lawrence	Jessica Nellany
Craig Leiper	Andrew McAllister
Ben Jones	

Club Squad:

Sarah Steel

Lucy MacArthur – Welcome back girls

Promotions within the Club

We would like to congratulate the following swimmers for their improvement and commitment:

Promotion from ‘C’ to ‘B’ Squad

Andrew Benton	Sara Hamilton
Pamela Beck	Andrew Beattie
Kiren Shoker	

Promotion from ‘B’ to ‘A’ Squad:

Jarrod Shuttleworth	Fraser Reid
Matthew Grant	

SASC – New Judges

Well done to Anne Duncan and Maureen Preston who successfully passed their Judge’s Exam.



Forthcoming Swimming Galas

The committee has been approached by parents expressing an interest in dates of future galas in order they can plan their calendar. Although we can give the dates of galas that SASC have been invited to attend, entries will depend on age and swimmer’s times.

- SAS League 1 – 19th February – Westhill
- Scottish Spring Meet – 4-6th March – Tolcross
- SAS League 2 – 19th March - Westhill
- North District National Age Group Championships – 9th/10th April – Inverness
- Cromar Trophy Meet – 16th April – Westhill

Hoodies

Black SASC hoodies are now on sale:

Size 34” (Age 14/15)

Adult Small/Medium/Large £16.00 each

If you wish to purchase a Hoodie please contact Heather 763700 or Maureen 766953. Davids in Stonehaven also give 10% off on black joggers and black shorts to SASC members.

Water Bottles

SASC water bottles will be distributed to all swimmers in the next few weeks. They have been purchased with the money raised from the sale of Quiz sheets, approx £200.00 and the sale of raffle tickets at the Distance Championships - £56.00. Thank you to Martin Webster and Jackie Gray for the Quiz Sheets and to all committee members who donated prizes for the raffle.

Trip to Stirling 50 m Pool

We are looking for parents and swimmers to come forward with ideas/help in fundraising for the trip to Stirling in April for ‘A’ and ‘B’ Squad. The more we raise the less we have to pay!!! Speak to any committee member with ideas – **we need assistance please.**

We are always looking for information so if you have anything you wish to include in the newsletter please contact Heather/Maureen – what about a swimmers fun section???

SASC Website –

www.southaberdeenshireswimming.org – see Stonehaven section